

# TRANS MARYLAND



## FREDERICK TRANS RESOURCES

### Name Change Program

[transmaryland.org/name-change-program](http://transmaryland.org/name-change-program)

### Support Groups

[transmaryland.org/t4t-weekly-digital-support-groups](http://transmaryland.org/t4t-weekly-digital-support-groups)  
[transunity.net/support-group-info/](http://transunity.net/support-group-info/)

### The Frederick Center

Trans support group (also one for parents), events & more  
[trans@thefrederickcenter.org](mailto:trans@thefrederickcenter.org)

### Electrolysis of Frederick

410-576-1414

### Heartly House

Shelter, legal & counseling for abuse survivors  
24 Crisis Hotline: 301-662-8800

### Johns Hopkins Community Physicians

Julie El-Taher, NP. (HRT, primary care, and more)  
301-696-1000

### Planned Parenthood of Frederick

Gender Affirming Care (HRT, testing, more)  
410-576-1414

### Frederick County Health Department

Free HRT syringes, testing,

## Gender Affirming Surgery

(taking insurance & most medicaid)

### Johns Hopkins Center for Transgender Health

Including chest, genital, facial options, and vocal therapy  
844-546-5645

### MedStar Plastic & Reconstructive Surgery

Including chest, genital, facial options  
443-777-7631

## BY TRANS FOLKS FOR TRANS FOLKS



To make suggestions:  
[info@transmaryland.org](mailto:info@transmaryland.org)

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