





## TRANSCENDENCE

3rd Thursday of every month at 6pm

**Healing Group for Transgender Beings** 



Heart to Hand, Inc,



@H2Hinc

To a series



Transcend into health ♥, wellness €, and empowerment with Transcendence \*, Heart to Hand's new Healing Group for trans beings in the DMV. Come out for an evening of fun, food, and communal healing.